

AWARE Concepts and OSPI Core Idea/Topics

Grade	Concepts Taught	OSPI Core Idea/Topic Included
5 th	<ul style="list-style-type: none"> ● Whole Health ● Decision Making ● Goal Planning ● Abstinence as a protective factor for whole health (physical – including STDs/HIV and pregnancy, intellectual, emotional, social, spiritual and financial health) ● Healthy/Unhealthy Friendships ● Analyzing Influences ● Media Safety ● Puberty ● Reproduction System ● Hygiene ● Types of Abuse ● Avoiding Violence 	<p>Wellness</p> <ul style="list-style-type: none"> ● Dimensions of Health ● Hygiene ● Disease Prevention ● Analyzing Influences ● Communication ● Decision-Making ● Goal Setting <p>Sexual Education</p> <ul style="list-style-type: none"> ● Anatomy and Physiology ● Growth and Development ● Reproduction ● HIV Prevention ● Healthy Relationships <p>Safety</p> <ul style="list-style-type: none"> ● Violence Prevention

Middle School	<ul style="list-style-type: none"> • Goal setting • Values • Dimensions of Health • Maturity • Abstinence • Healthy/Unhealthy relationships • STDs • Birth Control Methods • Pacing Relationships • Consent • Media Dangers • Puberty • Communication • Effects of Violence 	<p>Wellness</p> <ul style="list-style-type: none"> • Disease Prevention • Analyzing Influences • Decision-Making • Goal-Setting <p>Safety</p> <ul style="list-style-type: none"> • Injury prevention • Violence Prevention <p>Sexual Education</p> <ul style="list-style-type: none"> • Anatomy, Reproduction and Pregnancy • Puberty and Development • Prevention • Healthy Relationships • Washington State Laws
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Grade	Concepts Taught	OSPI Core Idea/Topic Included
High School	<ul style="list-style-type: none"> • Personality Style • Examine Family of Origin • Future Expectations • Attractions and Starting Relationships • Identifying Healthy and Unhealthy Relationships • Sexual Assault • Decision Making • Communication • Intimacy • Emotional Effects of Sex 	<p>Wellness</p> <ul style="list-style-type: none"> • Disease prevention (STDs) • Analyzing influences • Communication • Decision Making • Goal Setting <p>Safety</p> <ul style="list-style-type: none"> • Injury Prevention • Collaboration skills to avoid violence • Violence prevention <p>Sexual Health</p> <ul style="list-style-type: none"> • Anatomy and Physiology • Prevention

	<ul style="list-style-type: none">• STDs/HIV• Refusal Skills• Planning Skills• Teen Pregnancy and children• Media Dangers	<ul style="list-style-type: none">• Healthy Relationships• Washington State Laws <p>Social Emotional</p> <ul style="list-style-type: none">• Stress Management• Expressing Emotions• Harassment, Intimidation, and Bullying
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