

AWARE Concepts and OSPI Core Idea/Topics

Grade	Concepts Taught	OSPI Core Idea/Topic Included
5 th	<ul style="list-style-type: none"> ● Goal Setting ● Maturity and character ● Abstinence ● Marriage/monogamous Relationship ● Healthy/unhealthy friendships ● Results of risky sexual behavior (STDs, Pregnancy, Emotional) ● Boundary setting ● Internet safety ● Puberty ● Hygiene 	<p>Wellness</p> <ul style="list-style-type: none"> ● Hygiene ● Disease Prevention ● Analyzing Influences ● Communication ● Decision-Making ● Goal Setting <p>Sexual Education</p> <ul style="list-style-type: none"> ● Anatomy and Physiology ● Growth and Development ● Reproduction ● HIV Prevention ● Healthy Relationships <p>Safety</p> <ul style="list-style-type: none"> ● Violence Prevention
Middle School	<ul style="list-style-type: none"> ● Goal setting ● Maturity and character ● Abstinence ● Healthy/unhealthy relationships ● Friendships ● Results of risky sexual behavior (STDs, pregnancy, emotional) ● Boundary setting ● Sexual progression ● Internet safety ● Puberty ● Hygiene 	<p>Wellness</p> <ul style="list-style-type: none"> ● Disease Prevention ● Analyzing Influences ● Decision-Making ● Goal-Setting <p>Safety</p> <ul style="list-style-type: none"> ● Injury prevention ● Violence Prevention <p>Sexual Education</p> <ul style="list-style-type: none"> ● Anatomy, Reproduction and Pregnancy ● Puberty and Development ● Prevention ● Healthy Relationships ● Washington State Laws

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High School	<ul style="list-style-type: none"> • How relationships affect us • Personality style • Examine family of origin • Future expectations • Attractions and starting relationships • Principles of smart relationships • Identifying healthy and unhealthy relationships • Sexual assault • Decision making • Communication • Intimacy • Emotional effects of sex • STDs/HIV • Refusal Skills • Planning skills • Teen pregnancy and children • Technology and social media 	<p>Wellness</p> <ul style="list-style-type: none"> • Disease prevention (STDs) • Analyzing influences • Communication • Decision Making • Goal Setting <p>Safety</p> <ul style="list-style-type: none"> • Injury Prevention • Collaboration skills to avoid violence • Violence prevention <p>Sexual Health</p> <ul style="list-style-type: none"> • Anatomy and Physiology • Prevention • Healthy Relationships • Washington State Laws <p>Social Emotional</p> <ul style="list-style-type: none"> • Stress Management • Expressing Emotions • Harassment, Intimidation, and Bullying