

## AWARE Concepts and OSPI Topics

Grade	Concepts Taught	OSPI Core Idea/Topic Included
5 <sup>th</sup>	<ul style="list-style-type: none"> <li>● Goal Setting</li> <li>● Maturity and character</li> <li>● Abstinence</li> <li>● Marriage/monogamous Relationship</li> <li>● Healthy/unhealthy friendships</li> <li>● Results of risky sexual behavior (STDs, Pregnancy, Emotional)</li> <li>● Boundary setting</li> <li>● Internet safety</li> <li>● Puberty</li> <li>● Hygiene</li> </ul>	<p>Wellness</p> <ul style="list-style-type: none"> <li>● Hygiene</li> <li>● Disease Prevention</li> <li>● Analyzing Influences</li> <li>● Communication</li> <li>● Decision-Making</li> <li>● Goal Setting</li> </ul> <p>Sexual Education</p> <ul style="list-style-type: none"> <li>● Anatomy and Physiology</li> <li>● Growth and Development</li> <li>● Reproduction</li> <li>● HIV Prevention</li> <li>● Healthy Relationships</li> </ul> <p>Safety</p> <ul style="list-style-type: none"> <li>● Violence Prevention</li> </ul>
Middle School	<ul style="list-style-type: none"> <li>● Goal setting</li> <li>● Maturity and character</li> <li>● Abstinence</li> <li>● Healthy/unhealthy relationships</li> <li>● Friendships</li> <li>● Results of risky sexual behavior (STDs, pregnancy, emotional)</li> <li>● Boundary setting</li> <li>● Sexual progression</li> <li>● Internet safety</li> <li>● Puberty</li> <li>● Hygiene</li> </ul>	<p>Wellness</p> <ul style="list-style-type: none"> <li>● Disease Prevention</li> <li>● Analyzing Influences</li> <li>● Decision-Making</li> <li>● Goal-Setting</li> </ul> <p>Safety</p> <ul style="list-style-type: none"> <li>● Injury prevention</li> <li>● Violence Prevention</li> </ul> <p>Sexual Education</p> <ul style="list-style-type: none"> <li>● Anatomy, Reproduction and Pregnancy</li> <li>● Puberty and Development</li> <li>● Prevention</li> <li>● Healthy Relationships</li> <li>● Washington State Laws</li> </ul>

Grade	Concepts Taught	OSPI Core Idea/Topic Included
High School	<ul style="list-style-type: none"> <li>• How relationships affect us</li> <li>• Personality style</li> <li>• Examine family of origin</li> <li>• Future expectations</li> <li>• Attractions and starting relationships</li> <li>• Principles of smart relationships</li> <li>• Identifying healthy and unhealthy relationships</li> <li>• Sexual assault</li> <li>• Decision making</li> <li>• Communication</li> <li>• Intimacy</li> <li>• Emotional effects of sex</li> <li>• STDs/HIV</li> <li>• Refusal Skills</li> <li>• Planning skills</li> <li>• Teen pregnancy and children</li> <li>• Technology and social media</li> </ul>	<p>Wellness</p> <ul style="list-style-type: none"> <li>• Disease prevention (STDs)</li> <li>• Analyzing influences</li> <li>• Communication</li> <li>• Decision Making</li> <li>• Goal Setting</li> </ul> <p>Safety</p> <ul style="list-style-type: none"> <li>• Injury Prevention</li> <li>• Collaboration skills to avoid violence</li> <li>• Violence prevention</li> </ul> <p>Sexual Health</p> <ul style="list-style-type: none"> <li>• Anatomy and Physiology</li> <li>• Prevention</li> <li>• Healthy Relationships</li> <li>• Washington State Laws</li> </ul> <p>Social Emotional</p> <ul style="list-style-type: none"> <li>• Stress Management</li> <li>• Expressing Emotions</li> <li>• Harassment, Intimidation, and Bullying</li> </ul>