

HIGH SCHOOL A.W.A.R.E. PRESENTATION – ANSWER KEY

1. 5 YEAR GOALS

GRADUATE HS

DRIVE

SPORTS SCHOLARSHIP

JOIN ARMED FORCES

ETC.

2. MATURITY

R – RESPONSIBILITY

R – RESPECT

R – RESTRAINT

3. CHARACTER – CHOOSING THE HARDER RIGHT OVER THE EASIER WRONG

4. DEFINITION OF SEXUAL INTEGRITY: SEXUAL INTEGRITY IS CHOOSING TO RESERVE SEXUAL ACTIVITY FOR A MUTUALLY FAITHFUL, MONOGAMOUS (ONE PERSON) LIFETIME COMMITTED RELATIONSHIP— MARRIAGE—STATISTICALLY, THIS IS THE HIGHEST POSSIBLE GOOD FOR MYSELF AND OTHERS. THIS CHOICE RECOGNIZES THE WHOLE PERSON AND PROTECTS FROM PHYSICAL, EMOTIONAL AND SOCIAL CONSEQUENCES THAT CAN OCCUR FROM EARLY SEXUAL ACTIVITY.

5. WHAT ARE THE 3 BRAIN NEURO-HORMONES AT WORK DURING SEX AND WHAT DO THEY DO?

1. DOPAMINE – REWARD

2. OXYTOCIN – BONDING

3. VASOPRESSIN – PROTECTION & BONDING

6. AT WHAT POINT IN THE SEXUAL PROGRESSION DOES THE MALE TYPICALLY BECOME AROUSED? AT WHAT POINT DOES THE FEMALE TYPICALLY BECOME AROUSED?

MALE – PASSIONATE KISS, FEMALE – SEXUAL TOUCH

7. TO STAY ABSTINENT WHAT SHOULD YOU AVOID? **AROUSAL**

10 YEAR GOALS

GRADUATE COLLEGE

GET BETTER CAR

CAREER

MARRY AND START FAMILY

ETC.

8. WHAT ARE THE 3 POSSIBLE RESULTS OF SEXUAL ACTIVITY?

1. STDS/STIS

2. PREGNANCY

3. EMOTIONAL

9. PORN HARMS IN WHAT 3 WAYS:

1. AFFECTS BRAIN

2. RELATIONSHIPS

3. COMMUNITY

10. LOVE IS: WANTING THE BEST FOR THE OTHER PERSON RATHER THAN WHAT YOU WANT FOR YOURSELF.

11. INFATUATION IS: AN INTENSE, SHORT-LIVED, OBSESSIVE PASSION FOR ANOTHER PERSON.

12. WHAT ARE CHARACTERISTICS OF A HEALTHY RELATIONSHIP?

LOVE, TRUST, LOYALTY, COMMUNICATION, FRIENDSHIP, HONESTY, RESPECT, FORGIVENESS, CONSIDERATION, FAITHFULNESS

13. WHAT IS INTIMACY?

EMOTIONAL CLOSENESS – A CLOSE FRIENDSHIP DEVELOPED THROUGH LONG ASSOCIATION

14. HOW FAR DO YOU HAVE TO GO ON THE SEXUAL PROGRESSION LINE TO REACH THE HIGHEST LEVEL OF INTIMACY?

SPENDING TIME TOGETHER

15. SAFEST SEX = HIGHEST INTIMACY+SOLEMN PROMISE = MARRIAGE