

HIGH SCHOOL A.W.A.R.E. PRESENTATION

1. 5 YEAR GOALS

10 YEAR GOALS

2. MATURITY

R -

R -

R -

3. CHARACTER -

4. DEFINITION OF SEXUAL INTEGRITY: SEXUAL INTEGRITY IS CHOOSING TO _____ SEXUAL ACTIVITY FOR A MUTUALLY FAITHFUL, _____ (ONE PERSON) LIFETIME COMMITTED RELATIONSHIP— _____—STATISTICALLY, THIS IS THE HIGHEST POSSIBLE GOOD FOR MYSELF AND OTHERS. THIS CHOICE RECOGNIZES THE WHOLE PERSON AND PROTECTS FROM PHYSICAL, _____ AND _____ CONSEQUENCES THAT CAN OCCUR FROM EARLY SEXUAL ACTIVITY.

5. WHAT ARE THE 3 BRAIN NEURO-HORMONES AT WORK DURING SEX AND WHAT DO THEY DO?

1.

2.

3.

6. AT WHAT POINT IN THE SEXUAL PROGRESSION DOES THE MALE TYPICALLY BECOME AROUSED? AT WHAT POINT DOES THE FEMALE TYPICALLY BECOME AROUSED?

7. TO STAY ABSTINENT WHAT SHOULD YOU AVOID?

8. WHAT ARE THE 3 POSSIBLE RESULTS OF SEXUAL ACTIVITY?

1.

2.

3.

9. PORN HARMS IN WHAT 3 WAYS:

1.

2.

3.

10. LOVE IS:

11. INFATUATION IS:

12. WHAT ARE CHARACTERISTICS OF A HEALTHY RELATIONSHIP?

13. WHAT IS INTIMACY?

14. HOW FAR DO YOU HAVE TO GO ON THE SEXUAL PROGRESSION LINE TO REACH THE HIGHEST LEVEL OF INTIMACY?

15. SAFEST SEX = HIGHEST INTIMACY+_____

_____ = _____