Grade	Concepts Taught	Time Frame	OSPI Core Idea/Topic Included
5 th	 Goal Setting Maturity and character Abstinence Marriage/monogamous Relationship Healthy/unhealthy friendships Results of at risk sexual behavior (STDs, Pregnancy, Emotional) Boundary setting Internet safety 	2 hours*	 Wellness Communication Decision-Making Violence Prevention Sexual Education HIV Prevention Healthy Relationships Safety Violence Prevention
Middle	 Goal Setting Life mapping Maturity and character Abstinence Marriage/monogamous relationship Healthy/unhealthy relationships Friendship Results of at risk sexual behavior (STDs, pregnancy, emotional) Boundary setting Sexual progression Internet safety 	2 hours*	 Disease Prevention Analyzing Influences Decision-Making Goal-Setting Safety Violence Prevention Sexual Education Anatomy, Reproduction, and Pregnancy (only Identify physical, emotional, and social effects of sexual activity. H1.Se1.8b) Prevention Healthy Relationships Washington State Laws

High	Goal Setting	3 hours*	Wellness
School	Maturity and character		Disease Prevention
	Abstinence/sexual Integrity		Analyzing InfluencesDecision-Making
	Marriage/monogamous relationshipLove vs. Infatuation		Goal-Setting Safety
	 Healthy/unhealthy relationships 		Violence Prevention Sexual Health
	 Results of at risk sexual behavior (STDs, pregnancy, emotional) Sexual progression Sex and the brain Conditioning and risks of pornography Risks of sexting 		 Anatomy, Reproduction, and Pregnancy (only: Describe behaviors that impact reproductive health. H1.Se1.HSc, Describe emotional, social, physical, and financial effects of being a teen or young adult parent. H1.Se1.HSb, Describe behaviors that impact reproductive health. H1.Se1.HSc) Prevention
	Intimacy progression		Healthy RelationshipsWashington State Laws